



# mindspace

Psychology Services

## Centres de méditation

### Québec

- <http://mindspaceclinic.com>
- <https://www.presencemeditation.ca>
- <http://www.suttama.dhamma.org/.html>
- <http://www.truenorthinsight.org/index.php/en/>
- <http://meditationmontreal.org/en/nos-activites/retraites-et-evenements/>
- <http://mpcmontreal.org/?q=en/node/88>
- <http://montreal.shambhala.org>

### Ontario

- <http://www.mindfulnessstudies.com>
- <http://www.sugarridge.ca/blog/event/silent-meditation-retreat>
- <http://www.torana.dhamma.org>

### É.U.

- <https://www.dharma.org>
- <https://www.eomega.org>
- <http://www.umassmed.edu/cfm/>
- <http://www.spiritrock.org>